



Going Deeper

R o m a n s 5 : 6 - 1 1

Big idea

God's love is most clearly seen in Christ's death for the helpless and ungodly. Because we were reconciled while enemies, we now have full assurance of salvation and can rejoice in God Himself.

Sermon recap

Without strength (v.6). We were spiritually helpless — incapable of saving ourselves. At just the right time, in God's sovereign plan, Christ came. The Roman roads, Pax Romana, and common Greek language made it the perfect moment for the gospel to spread.

The ungodly (v.6). Jesus didn't die for the righteous, but for rebels against God. In Greco-Roman culture, strength was celebrated and weakness despised, which made Christ's sacrifice for the weak and ungodly scandalous.

Righteous vs. good (vv.7–8). Rarely will someone die for a righteous (law-abiding) man, maybe for a good (kind) man. But God went far beyond human examples of sacrifice: Christ died for us while we were still sinners. As Spurgeon said, "Christ did not die for us because we were lovable, but in order to make us so." The cross is the ongoing demonstration of God's love.

Justified and reconciled (vv.9–10). Justification means we are declared not guilty by Christ's blood. Paul emphasizes that we were not merely indifferent — we were enemies of God. Downplaying this truth dilutes the gospel. If God reconciled us when we were His enemies, much more will He keep us now that we are His children.

Joy in God (v.11). Salvation is more than escape from wrath; it is delight in God Himself. Through Christ, we rejoice in restored fellowship with Him.

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How to go deeper this week

Day 1 — Christ died for the helpless

Read: Romans 5:6; Ephesians 2:1–5

Reflect: Where do you see your own helplessness apart from Christ?

Pray: Thank God that He stepped in when you had no strength of your own.

Day 2 — God's timing is perfect

Read: Romans 5:6; Galatians 4:4

Reflect: How have you seen God's timing prove wiser than your own plans?

Practice: Write down one area where you need to trust His timing today.

Day 3 — God's love demonstrated

Read: Romans 5:7–8; John 15:13

Memorize: Romans 5:8

Reflect: How does the cross still demonstrate God's love in your daily life?

Pray: Praise God for loving you at your worst.

Day 4 — From enemies to friends

Read: Romans 5:9–10; Colossians 1:21–22

Reflect: How does knowing you were once an enemy make reconciliation sweeter?


Practice: Share your testimony with someone, highlighting God's grace toward you when you were far from Him.

Day 5 — Joy in God

Read: Romans 5:11; Psalm 16:11

Reflect: What does it mean to delight in God, not just His gifts?

Practice: Set aside time this week simply to rejoice in God's presence.

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Practical applications


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- **Stop striving:** Remember that you were helpless when Christ saved you. Rest in His finished work.
- **Trust His timing:** God sent Christ “in due time.” He will act in your life at the right time, too.
- **Value reconciliation:** Don’t minimize sin or enmity with God — it magnifies the beauty of the gospel.
- **Rejoice in God:** Make your joy not just about what He gives, but who He is..

Reflection and discussion

1. Why is it important not to downplay the fact that we were once enemies of God?
2. How does Paul’s “much more” argument in verses 9–10 give you assurance of salvation?
3. In what ways have you personally experienced God’s love “demonstrated” at the cross?
4. What does it look like to actively rejoice in God, not just in His blessings?

Scripture for further study

- Ephesians 2:1–5
- Galatians 4:4
- John 15:13
- Colossians 1:21–22
- Psalm 16:11

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